

BYRON SHIRE COMMUNITY HEALTH SERVICE BROCHURE

Who are we?

The Community Health team consists of experienced professional health workers including:

Aboriginal Health Educators	Health Promotion Officer	Psychologists (Adult & Children)
Cardiac Liaison Nurse	Men's Health Nurse	Respiratory Health Nurse
Child and Family Counsellors	Mental Health Workers	School Health Nurse
Child and Family Health Nurses	Needle Syringe Program	Social Workers
Dental Therapists	Occupational Therapists (Adult & Children)	Speech Pathologists
Diabetes Educator	PANOC Worker (Child Protection)	Youth & Family Mental Health Counsellor
Dietitian	Physiotherapists (Adult & Children)	
Drug and Alcohol Counsellors	Podiatrists	
Generalist Community Health Nurses		

We aim to improve the health and wellbeing of the people of the Byron Shire by working with individuals, families, other services and the wider community.

Who are the services for?

Services are available to all people in the North Coast. Generally, you have to book in for an appointment. If you contact the centre, a staff member will speak with you and help you work out the service that will best meet your needs. Outreach and home visiting services are also provided across the area.

What do we do?

ABORIGINAL HEALTH SERVICES & EDUCATION working with Aboriginal communities in Byron Shire.

ANTE/POST NATAL- Consultation, pre-natal classes and follow-up support.

CARDIAC LIAISON NURSE – Home-based education and support to people with cardiac disease

CHILD & FAMILY COUNSELLING - Assessment & treatment for children with behavioural, emotional and social difficulties.

CHILD AND FAMILY NURSING - Advice and support to families about growth and development of children 0-5 yrs.

CHILD AND FAMILY THERAPY- Speech therapy for children with speech and language problems – Occupational and Physiotherapy for children with physical development and movement problems.

DENTAL CLINIC - Dental Care for school children and eligible adults. (Phone 1300 651 625).

DIABETES EDUCATOR – Providing education and support for people with diabetes or pre diabetes and their families.

DIETETICS - Nutrition assessment, information and education for individuals and groups.

DRUG & ALCOHOL COUNSELLORS – Assessment, referral and treatment for individuals and their families. Consultation, education and information to community groups. Youth and adult services available.

GENERALIST COMMUNITY NURSING - Assessment, treatment and support for individuals and families who need home visiting and/or nursing care for wounds, palliative care, and clinical procedures.

HEALTH PROMOTION – working with the community to develop programs aimed at improving the health of the population.

MEN'S HEALTH – Provides specialist services related to prostate cancer support, fatherhood development and general men's health across the lifespan.

MENTAL HEALTH SERVICE - Assessment, treatment, counselling, and rehabilitation to support people experiencing or recovering from a mental illness, and their carers. The Acute Care Service is available 8.30am to 10.00pm, 7 days a week to accept new referrals. Contact can be made by calling 1800 011 511

NEEDLE SYRINGE PROGRAM - The service provides sterile injecting equipment, safe disposal containers and information and education on blood borne viruses and safe handling of sharps

OCCUPATIONAL THERAPY - Assessment and improvement in function for children, adults and the aged.

PANOC – In conjunction with NSW Dept of Community Services, provide therapeutic assistance to children at risk of harm and their families

PHYSIOTHERAPY - Assessment and treatment for people of all ages with musculo-skeletal, respiratory or neurological conditions. Hydrotherapy, lymphoedema and women's health physiotherapy also available.

PODIATRY - Education, assessment and treatment for people with diabetes or lower limb complications.

RESPIRATORY HEALTH NURSE – Home based education and support to people with respiratory disease

SCHOOL HEALTH NURSING - Immunisations, before school screenings, hearing tests, school liaison.

SOCIAL WORK - Individual, family and group support counselling aimed at enhancing psychological and social well-being.

SPEECH PATHOLOGY - Assessment and treatment of communication and feeding disorders in adults and children.

YOUTH & FAMILY MENTAL HEALTH SERVICE Assessment and counselling for 12-18 year olds and their families.

Visiting Services

In addition to the services mentioned, there are some services which can be accessed through us such as;

WOMEN'S HEALTH - Screening & education for specific women's issues such as contraception, menopause, pap tests, pregnancy and sexual diseases.

SEXUAL ASSAULT SERVICES - Provides 24 hour crisis counselling, medical and follow-up services for adult and child victims of sexual assault and their families/significant others. Lismore Base Hospital based counsellors travel to Byron Shire Hospitals.

PSYCHIATRIST – Provides consultation to Mental Health staff for complex child and adolescent psychiatric conditions.

SEXUAL HEALTH SERVICE - Provides a weekly clinic for testing and counselling for STI's and HIV at Byron Bay Community Health

COMMUNITY OPTIONS – To provide case management services to frail aged people and people with a disability (those within the HACC target population) with complex care needs

Education Groups

Community Health runs a variety of support, education and health promotion groups. Contact your local Community Health centre for more information.

How you can contact us

Bangalow 29-33 Granuaille Road Bangalow

Phone: 6687 0000 **Fax:** 6687 0001

Byron Bay Shirley Street Byron Bay

Phone: 6685 6254 **Fax:** 6685 5729

Mullumbimby Azalea Ave, Mullumbimby

Phone: 6684 1677 **Fax:** 6684 1880

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